

## Frequently Asked Questions About Teleclasses

### What is a teleclass?

A teleclass is a “teleconference” where a group of people dial into a bridge number and are all connected on the same line. A “virtual room” is created where each person can hear all the other participants when they speak. Similar to a live class, participants discuss, do exercises, and learn from the facilitator during the teleclass.

### What are the advantages of a teleclass?

- ❑ **A teleclass saves time** – you can call in to the teleclass from wherever you are in the world. There’s no travel time to and from a physical site such as a classroom.
- ❑ **A teleclass is convenient** – you can call from your own home (and even while in your pajamas!) The virtual classroom is at your fingertips.
- ❑ **A teleclass can be accessible 24/7**. All of Dan’s teleclasses are digitally recorded and uploaded to a participant only site. Participants who have schedule conflict or miss a class can listen to the missed class on their PC anytime they like during the two weeks after the teleclass was held.
- ❑ **A teleclass saves you money**. The facilitator holding the teleclass doesn’t have the expense of paying rent for a physical space to hold a class and can pass the savings on to you.

### Will I feel “connected” to the other people on the teleclass?

Yes, most definitely! A teleclass experience heightens your senses of sound and intuition. Teleclasses include introductions and icebreakers to help people connect to one another. Whenever a participant speaks, he or she says their first name before they speak so you quickly associate a name with a voice. Camaraderie and laughter are often part of a teleclass experience.

### What does it cost to be on a teleclass?

The call is free other than regular long distance charges. If you are concerned about long distance charges and do not have unlimited long distance on your landline phone system (such as MCI’s [“The Neighborhood”](#)), you may wish to consider purchasing a phone card. Sam’s Club now has AT&T phone cards where long distance calls are only 3.7 cents per minute in many places. You can also dial a 10-10 number (such as 10-10-987) before dialing long distance for a reduced per minute rate.

### What if I want to call in from home but I have a lot of background noise (such as children, dogs barking, or other people in the house)?

Many phones offer a muting feature that you can use to mute the background noise from the teleclass line. The teleclass line also offers a feature to mute yourself by hitting “6” to mute and “6” again to unmute your phone. You can listen in on the call and mute your phone if and when background noise in your environment becomes an issue.

### Do you have any suggestions that might improve my experience on a teleclass?

You may find it useful to purchase a headset for your phone. This will free your hands to take notes, do any exercises that require movement, and free any strain you might feel in your neck or shoulders. A headset is NOT required. You can purchase a headset at many places, including [Radio Shack](#) and [www.headsets.com](#).